

Welcome!

- Please split into 3 groups - 3 tables
- Preferably not together with people from your own institution
- At your table you should find:
 - printed copies of the full list of recommendations
 - the table of key aspects incl. how they have been affected by digitalisation
 - 3 flipchart papers
 - post-its (three colours)
 - and pens



Needs and wellbeing of students and staff

TPG Focus Group chaired by Gerald Prescott

Coordinated by Pieta Sikström and Helene Peterbauer

Session facilitated by Gosia Mitka, University of St Andrews and Stephen Rutherford, Cardiff University

Outline

- 11:15 Welcome and Introduction
- 11:25 Group work
 - 11:25 - 11:45 Recommendation X
 - 11:45 - 12:05 Recommendation Y
 - 12:05 - 12:25 Recommendation Z
- 12:25 Sharing findings and ideas
 - 5 minutes per group
- 12:40 Concluding remarks

Who we are

- University of St Andrews (United Kingdom)
- University for Continuing Education Krems (Austria)
- Ivane Javakhishvili Tbilisi State University (Georgia)
- Bielefeld University (Germany)
- Democritus University of Thrace (Greece)
- University of Modena and Reggio Emilia (Italy)
- Bern University of Applied Sciences (Switzerland)
- Cardiff University (United Kingdom)
- European University Association (EUA)
- University of Jyväskylä (Finland)

Thematic Peer Group

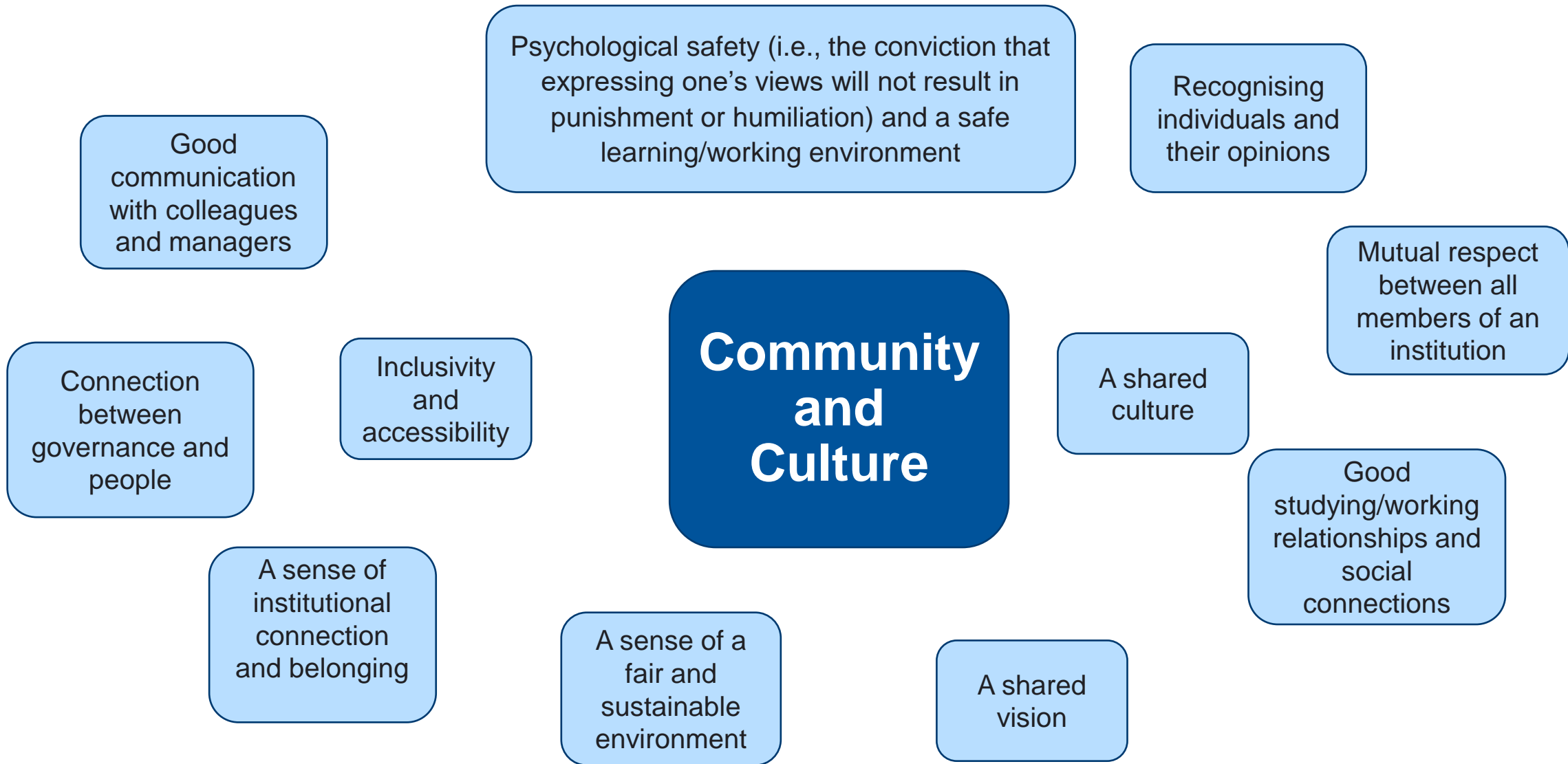
- Different aspects of being well
- The effect of digitalization
- Key aspects of wellbeing
 - Community and culture
 - Policies and practices
 - Institutional attributes
- Data collection – students and staff
 - Aspects that have greatest impact on wellbeing
 - Affected by digital or hybrid education (Positively, Negatively, Not at all)
- Student focus group
- Generating recommendations

Key aspects of wellbeing

Community and Culture

Policies and practices

Institutional attributes



Policies and practices

High-quality facilities and resources

Sustainable management and interaction practices

Co-creation and collaboration

Contracts and secure working arrangements

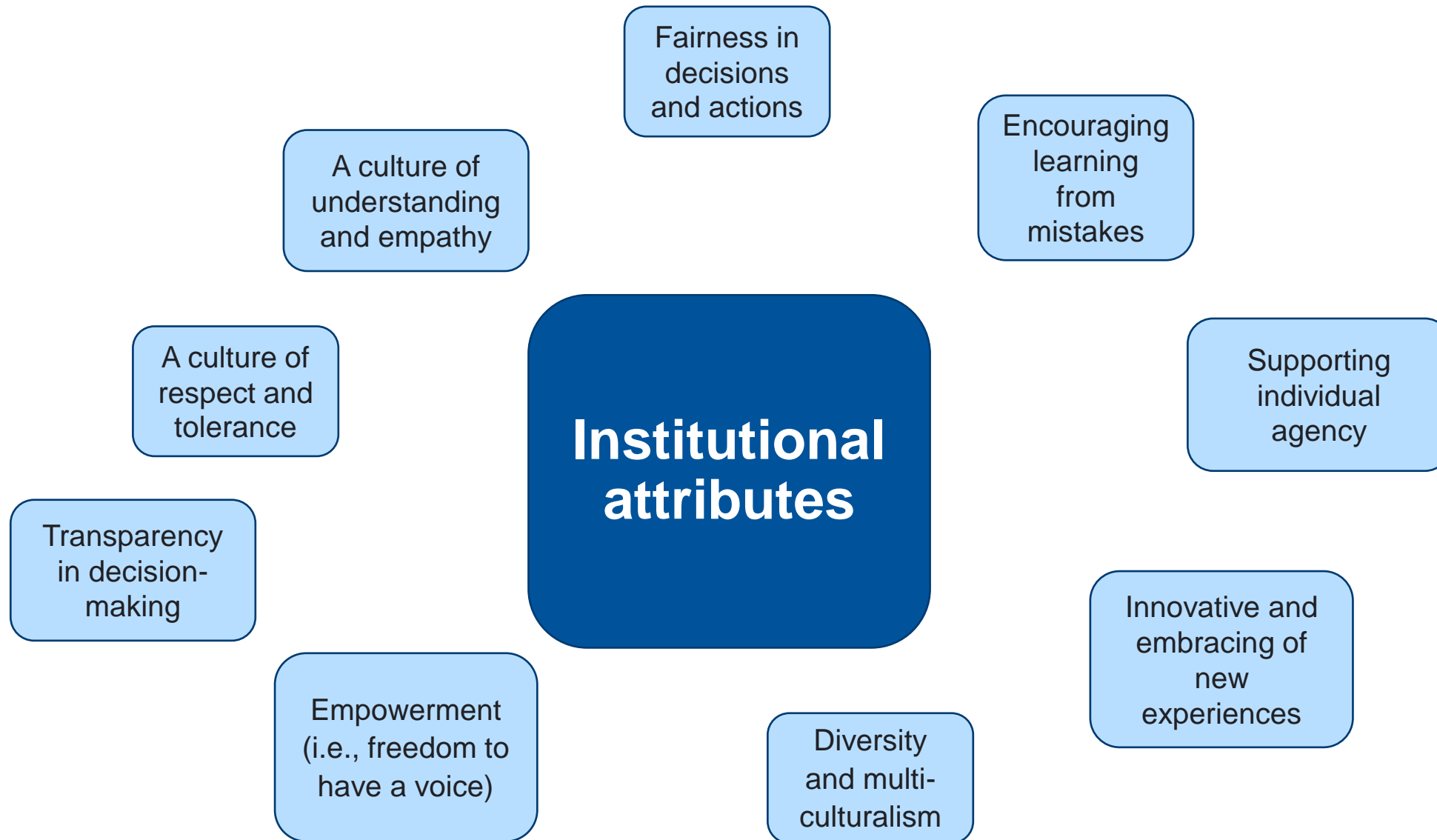
Support systems and services (e.g., for physical and mental health and wellbeing, or financial and legal advice)

Management of workloads

Flexibility in learning/studying/working arrangements

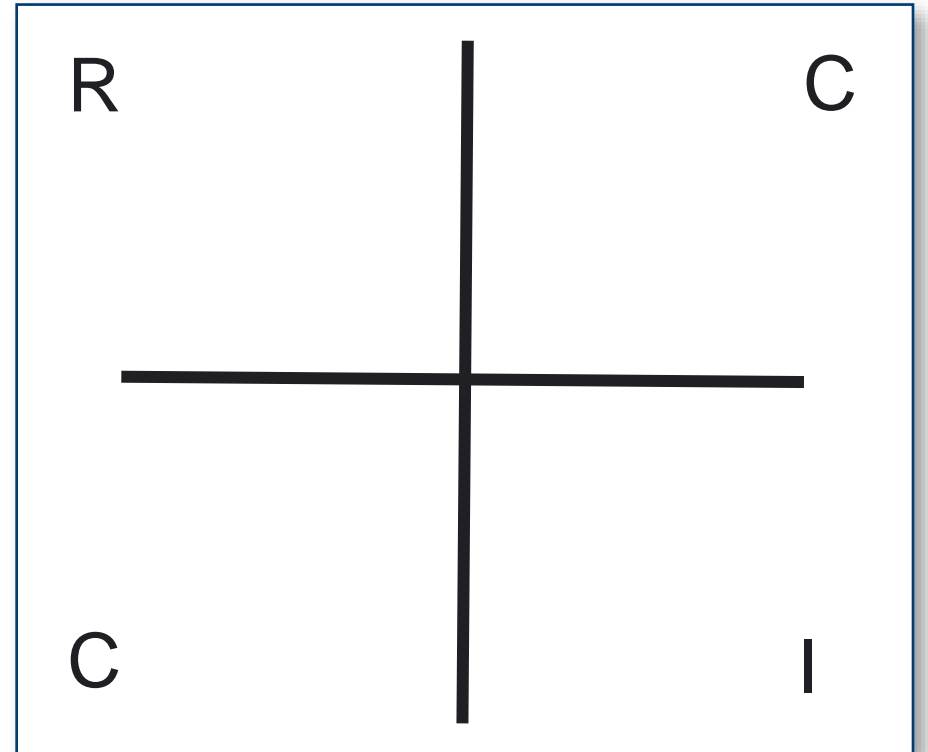
Recognition and reward

Work-life balance



Group Work - Instructions

- Each group appoints
 - A flipchart writer
 - A rapporteur
- Each group works for 20 minutes on each recommendations
 - 11:25 - 11:45 Recommendation X
 - 11:45 - 12:05 Recommendation Y
 - 12:05 - 12:25 Recommendation Z



In your groups, for each recommendation, discuss the following:

Relevance

Which parts of these findings you could use (in whichever form) at your own institution?

Completeness

Has anything important not been addressed by the recommendations?

Clarity

Are the recommendations clear? (provide suggestions for improvement)

Implementation

Which barriers and enabling factors/practices you see as key factors in implementing the recommendations?

Sharing findings and ideas

- 5 Mins per group

Relevance

Which parts of these findings you could use (in whichever form) at your own institution?

Completeness

Has anything important not been addressed by the recommendations?

Clarity

Are the recommendations clear? (provide suggestions for improvement)

Implementation

Which barriers and enabling factors/practices you see as key factors in implementing the recommendations?

Thank you!

Backup

Key aspects of wellbeing



Key aspects of wellbeing

Community and culture		Policies and practices	Institutional attributes
<ul style="list-style-type: none"> • Psychological safety (i.e., the conviction that expressing one's views will not result in punishment or humiliation) and a safe learning/working environment • A sense of institutional connection and belonging • A sense of a fair and sustainable environment • Inclusivity and accessibility • Recognising individuals and their opinions 	<ul style="list-style-type: none"> • Mutual respect between all members of an institution • Good studying/working relationships and social connections • A shared culture • A shared vision • Connection between governance and people • Good communication with colleagues and managers 	<ul style="list-style-type: none"> • Work-life balance • Management of workloads • Recognition and reward • Flexibility in learning/studying/working arrangements • Support systems and services (e.g., for physical and mental health and wellbeing, or financial and legal advice) • Contracts and secure working arrangements • Co-creation and collaboration • High-quality facilities and resources • Sustainable management and interaction practices 	<ul style="list-style-type: none"> • A culture of understanding and empathy • A culture of respect and tolerance • Fairness in decisions and actions • Transparency in decision-making • Empowerment (i.e., freedom to have a voice) • Encouraging learning from mistakes • Diversity and multiculturalism • Supporting individual agency • Innovative and embracing of new experiences