Graduate trajectories: a view from researchers

Montserrat Castello, Lynn McAlpine & Kirsi Pyhältö

What to expect from the workshop?

The workshop aims to contribute to researchbased development of doctoral education by

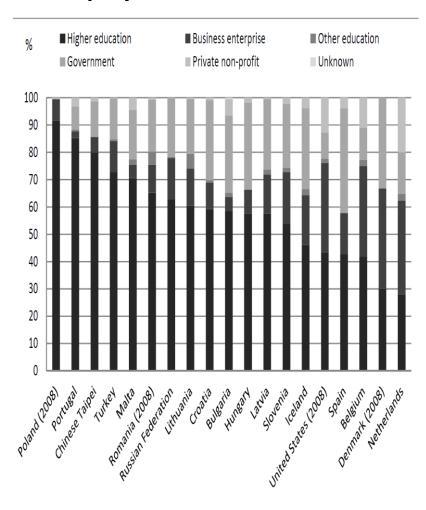
- Starting point: small group discussions on career trajectories.
- II. Research perspective: evidence that informs our understanding of Post-PhD trajectories
- III. Strategies for enhancing PhD trajectories: small group discussions
- IV. Plenary

Starting point: Question 1

 What do you know about Post PhD career trajectories at your universities? Time 7 min.

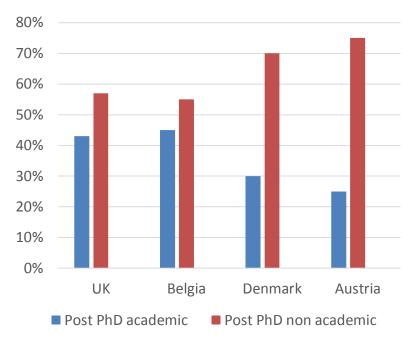
Post PhD Careers (OECD, 2013)

PhD degree holders by the sector of employment



Post PhD employment academic versus non academic posts

Around 60% in many countries are Post-PhD employed doing research Unemployment rates are generally low 2,2%<



Changes in the PhD over 20 years

Previous perspective

Purpose: prepare 'faculty'

- Limited # of students
- Worked relatively independently
- Time to develop academic profile
- Got position quickly
- Little government/in stitutional oversight

Present perspective

Purposes:
 prepare
researchers/
 nonresearchers
for society

- More & varied student body
- More formal training
- Less time overall & to develop academic profile
- Difficult to get 'faculty' position
- Know little of where students go/what they do
- Government/instituti onal oversight
- Changing doctoral structures

Doing more (often with less)...

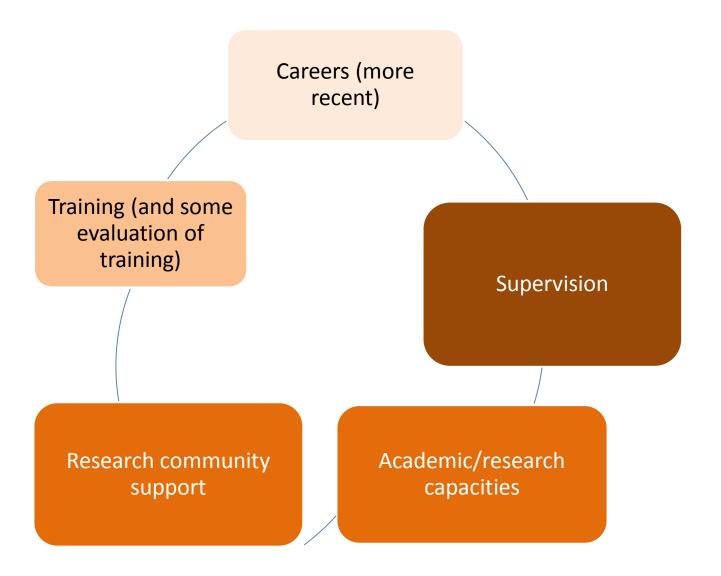
- As senior administrators, developers and program managers, difficulty of changing policies and actual practices; challenged to
 - Create policies that will have the potential to change practices
 - Find/train human resources to support coherent practice and policies
 - Create rewards for supporting change

Starting point: Question 2

 What is happening during the degree that is influencing Post-PhD career trajectories at your universities? Time 7 min.

Summary of main group ideas and plenary discussion

Themes of research



What affects careers and trajectories: Supervision

Promote

- Frequent supervision
- Shared expectations (goals, relationship, resources, etc.)
- Constructive feedback and support
- More than one supervisor



- Lower attrition risk
- Timely completion
- Satisfaction with studies and supervision
- Research engagement
- Reduced burnout
- Research productivity

Hinder

- Lack of supervision
- Problems in supervisory relationship
- Lack of support in academic writing



- Attrition
- Prolonged studies
- Reduced satisfaction
- Reduced interest in research
- Increased risk of burnout
- Reduced productivity

What affects careers and trajectories: Research community support

Promote

- Sense of belonging
- Integration into the researcher groups/communities
- Having extensive networks
- Social support from researcher community
 - International experience
 - immediate employment
 - Research engagement
 - Timely completion
 - Reduced risk of burnout and attrition
 - Research productivity
 - More frequent supervision
 - Satisfaction with doctoral experience
 - Ethical code of conduct

Hinder

- Being outsider (International at risk)
- Lack of networks and social support
- Not understanding value of networks or developing them
- Frictions in research community
- Values and ethical discrepancy



- Increased risk of burnout
- Reduced satisfaction and engagement
- Attrition
- Prolonged studies
- Reduced research productivity
- Lack of interest
- Ethical misconduct

What affects careers and trajectories: What we know about careers

Promote	Hinder
Departments can make a difference in students career thinking Teacher preparation, besides being beneficial for research, makes students more competitive for future careers	Students put off career thinking and lack knowledge Students consistently report career preparation lacking
PhD skills have relevance in the non-academic arena	Students may not want academic careers Supervisors encourage faculty positions, not non-academic careers
Students on external internships find them productive and see new non-academic career options	Students unable to assess the fit between PhD skills and non-academic positions

Group work (20 minutes)

- Choose one theme and think what should or might be done at the two levels:
 - Training
 - Policy: Institutional (country) rules, practices and guidelines
- Each group will report one recommendation (please choose a reporter)

What we would do

Change process

- Create robust career tracking and use to develop formal and informal career planning opportunities
- Consult, consult program/ departmental use and progress on new policies/practices
- Disseminate results and 'reward' robust practices

Changes in doctoral programs: is your program "fit for purpose"?

- Tweak admissions processes to engage applicants to consider career opportunities
- Introduce external internship of some kind
- Rethink role of theses and publication to ensure students have opportunities to become active agents of their future communities (academic and non-academic)
- Rethink the value of single supervision and expand it (institutionally, disciplinary, etc.)

Evidence—based decision-making

- Consider whether empirical evidence can inform the process
- Try to connect with researchers in the field in order to link policy and practice to research
- When possible consider the use of more research-driven instruments

Thank you!

Montserrat Castello, Lynn McAlpine & Kirsi Pyhältö

Final thoughts

- We acknowledge the difficulty of changing practices and this has to do with adopting an integrated approach:
 - Need to combine in a coherent way practice and policies
 - Need to invest in human resources to make policies effective
 - Building some kind of rewards

What affects careers and trajectories: Supervisors' Training



New supervisors feel at sea. There
is evidence that training helps new
supervisors to understand and
better accomplish their role.

- Supervisors need training on how to guide writing, especially genres different from monographs
- Co-supervision is emphasized but is difficult for supervisors especially when they come from different universities
- Sharing expectations is crucial for thesis completion
- Supervisors' training needs to include co-supervision

What affects careers and trajectories: Supervisory Support

+

- Frequency of supervisory
 meetings contributes to
 satisfaction (Woodward, 1993)
 and better rates of completion
 (Pyhältö et al, 2015), lower time
 to obtain a doctorate and
 positive post-doctoral
 experience (Seagram et al.,
- 1998; Wright & Cochrane, 2000)
 - Good fit between the DS and S perceptions on supervision and the main challenges/resources of doctoral journey enhances (Murphy et al, 2007; Pyhältö et al, 2013; 2015;

- Lack of adequate writing support (form supervisors; learning alternative genres).
- Writing articles during the PhD education is related to post-docs higher productivity (Castelló, McAlpine & Phyälto, submitted). However students in SSCC write mostly monographs, a genre not aligned to any of possible future practices (scientific journals, reports; research applications; scientific books)
- Supervisory support is not usually oriented to career planning

What affects careers and trajectories: Integration into research community and Networking

- +
- Doctoral students integration in research groups is associated with international experiences and collaboration
- Being integrated in the research community is related to a more immediate employment as researchers (Phyältö XXx)
- Adequate support (last study)
- Community support is related to higher productivity (publishing as a first author) at the doc and post-doc level (Castelló, McAlpine & Phyälto, submitted)

- PhD students may not understand the value and invest in networking, yet there are positive short- and long-term outcomes (Devenish, 2009)
- (Lynn xx , Kirsi xx , our own work in process)
- International students less integrated in research community (XXX) and participate more in training than national students (XXX): way to understand culture and how things work.

What affects careers and trajectories: Students' Training



 Being trained and doing teaching is beneficial for research and makes students more competitive for future careers ()

- Students do not have realistic
 assumptions on their own careers.
 Many of them expect to remain in
 the academia (Phyälto XX ?¿; Kiley,
 2015). Data shown the majority will
 get their jobs outside (XX)
- There is a lack of training on abilities and skills for alternative research scenarios outside academia (XX)
- Students are not aware of the type of career in which they are embarking when starting a PhD (Kiley, 2015; Castelló, McAlpine & Phyälto, 2015) and do not interact with examples of alternative job scenarios (XX)

What affects careers and trajectories: Ethics and research process



- Students lack 'spaces' and supervisory involvement in discussing ethical practices (Holley
- Intentions of abandonment are linked to PhD difficulties in accepting values and ethics underlying some well established practices (competition, individualism) (Castelló, Sala-Bubaré, Pardo & Suñe, submitted).
- PhD students might also be object of misbehaviour or receive models of misbehaviour
- Media learning and new ways of learning and working in virtual spaces